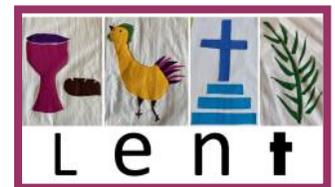




*Today, we are honoured to welcome
The Reverend Jeanette Lewis as our Celebrant and Preacher
Thank you Rev. Jeanette !*

Third Sunday in Lent March 8th 2026



8 a.m. Book of Common Prayer Holy Communion
10 a.m. Holy Eucharist

Ministers:	The people of St. Cuthbert's
Priest & Pastor:	The Reverend Canon Janet Read-Hockin
Celebrant & Homilist:	The Reverend Jeanette Lewis
Postulant:	Lutzen Riedstra
Director of Music:	Gary Forbes
Choral Leads:	Robert O., Linda F., Meghan S. and Lutzen Riedstra
Reader/Intercessor 10am:	Jane M.
Chalice Bearer:	Joanne C.
Crucifer:	Graeme G.
Server:	Jim H.
Chancel Guild:	Team 1: Diane G., Catherine G.
Welcome Team:	Bob D., Jane M., Chris P.
Technical Support:	Graeme G.



Scripture Summaries for the Third Sunday in Lent

Exodus 17: 1-7 Water is the dominant theme of the Scripture readings for today. The Old Testament story is one of many accounts of the people of Israel complaining to God on their journey through the wilderness. In this case, they are complaining to Moses because they are thirsty. By this time, the people of Israel were well into their long journey to the promised land. This mid-way point in their journey finds them weary, tired and quarrelsome.

Psalm 95 This psalm of praise responds directly to the reading from Exodus 17. It celebrates God's care for the people, and admonishes them for their complaining in the wilderness. In verse 8, the psalmist says, "Harden not your hearts as your forbears did in the wilderness... at Meribah and Massah". These are the places of quarrelling and testing God that we read about in the First Reading.

Romans 5: 1-11 In these verses, Paul paints a picture of endurance in suffering. Such endurance produces character, and character produces hope. Paul exhorts the Roman Christians to be strong and steadfast in their faith, not like the ancient people of Israel, who complained and strayed from the path. Today's reading presents us with an honest assessment of who we are without God, but it also shows the promise of a life with God.

John 4: 5-42 This conversation with the Samaritan woman is the longest recorded conversation between Jesus and anyone else in the New Testament. In it, we return to the theme of water, and Jesus promises the woman that those who drink of the water that he gives will never again be thirsty. The encounter with this woman would have surprised many of Jesus' listeners, because of the hatred that existed between Jews and Samaritans

8 a.m. Service of Holy Communion taken from The Book of Common Prayer

(An online pdf version of the 1962 Book of Common Prayer is available by [clicking here](#))

GATHERING OF THE COMMUNITY

The Collect For Purity	page 67	Invitation to Confession	page 76
The Summary of the Law	page 69	Confession and Absolution	page 77
The Collect of the Day		The Comfortable Words	page 77

THE PROCLAMATION OF THE WORD

Today's readings may be found on [page 4](#) of this bulletin

Reader: Karen M.	
First Reading: Exodus 17: 1-7	
Psalm: 95	page 452
Second Reading: Romans 5: 1-11	
Gospel: John 4: 5-42	
Nicene Creed	page 71
Sermon	Jeanette +
Offertory Sentence	page 73
The Prayers	page 75

THANKSGIVING AND CONSECRATION

Sursum Corda	page 78
Prayer of Consecration	page 82
Prayer of Humble Access	page 83
Agnus Dei "O Lamb of God"	page 84
The Communion	
The Lord's Prayer	page 85
Prayer after Communion	page 85
The Blessing	

***Thank you for your
prayers and presence.***

10 a.m. Holy Communion — The Book of Alternative Services
in-person worship and online via YouTube Live
Supervised Nursery Care is available downstairs

Prelude

Prelude in A minor - Dugan

Welcome

Opening Hymn

Voices United

Come, Let Us Sing

Words: Jim Strathdee 1976; Music: Jim Strathdee 1976, piano arr. Jean Strathdee
Words and music copyright © 1977 Desert Flower Music. Used by permission.

1 *Come, let us sing to the Lord our song,
we have stood silently too long;
surely the Lord deserves our praise, so
joyfully thank God for our days.*

2 *O thirsty soul, come drink at the well,
God's living waters will never fail.
Surely the Lord will help you to stand,
strengthened and comforted by God's hand.*

3 *You dwell among us and cause us to pray,
and walk with each other following your way;
our precious brothers and sisters will grow
in the fulfilling love they know.*

4 *Deserts shall bloom and mountains shall sing
to the desire of all living things.
Come, all you creatures, high and low,
let your praises endlessly flow.*

The Gathering of the Community

Celebrant: The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

Celebrant: Almighty God,

All: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Kyrie Eleison CP 687

Sung by all: **Kyrie eleison.
Christe eleison.
Kyrie eleison.**

The Liturgy of Reconciliation

BAS Page 168

Priest: Dear friends in Christ,
All things have been reconciled to God the creator through the life, death and resurrection of God's only Son Jesus Christ, and the Holy Spirit has been sent among us for the forgiveness of sins. God is steadfast in love and infinite in mercy, healing the sick and forgiving the sinful. May God, who enlightens every heart, help us to confess our sins and trust in his mercy.

Silence

Priest: Most merciful God,

All: **have mercy upon us, in your compassion forgive my sins,
both known and unknown, things done and left undone.
[Pause – please wait for the Priest to lead]**

O God, uphold me by your Spirit that I may live and serve you in newness of life, to the honour and glory of your name; through Jesus Christ, our Lord. Amen.

Priest: Do you turn again to Christ?

All: I turn to Christ.

Priest: Do you forgive those who have sinned against you?

All: I forgive them.

The Absolution

Priest: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All: Amen.

The Collect of the Day

Celebrant: Almighty God,

People: whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Proclamation of the Word

The First Reading EXODUS 17:1-7

A READING FROM THE BOOK OF EXODUS

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Reader: The Word of the Lord.

All: Thanks be to God.

PSALM 95 (read responsively by verse)

BAS page 833

¹ Come, let us sing to the Lord; * let us shout for joy to the rock of our salvation.

² **Let us come before his presence with thanksgiving * and raise a loud shout to him with psalms.**

³ For the Lord is a great God, * and a great king above all gods.

⁴ **In his hand are the caverns of the earth, * and the heights of the hills are his also.**

⁵ The sea is his, for he made it, * and his hands have molded the dry land.

⁶ **Come, let us bow down, and bend the knee, * and kneel before the Lord our Maker.**

- 7 For he is our God, and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 **Harden not your hearts, as your forebears did in the wilderness, * at Meribah, and on that day at Massah, when they tempted me.**
- 9 They put me to the test, * though they had seen my works.
- 10 **Forty years long I detested that generation and said, * “This people are wayward in their hearts; they do not know my ways.”**
- 11 So I swore in my wrath, * “They shall not enter into my rest.”

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

The Second Reading ROMANS 5:1-11

READING FROM THE LETTER OF PAUL TO THE ROMANS

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader: The Word of the Lord.

All: Thanks be to God.

Gradual Hymn CP 179 *Tree of Life and Awesome Mystery* vs 1,5 before; 6d after

Text and music: Marty Haugen (1950-) © 1984 G.I.A. Publications Inc.

1 *Tree of life and awesome mystery,
in your death we are reborn,
though you die in all of history,
still you rise with every morn,
still you rise with every morn.*

5 *Christ you lead and we shall follow,
stumbling though our steps may be,
one with you in joy and sorrow,
we the river you the sea,
we the river you the sea.*

6d *Living Water of salvation,
be the fountain of each soul;
springing up in new creation,
flow in us and make us whole,
flow in us and make us whole.*

THE HOLY GOSPEL

JOHN 4:5-42

Gospeller: The Lord be with you.

People: And also with you.

Gospeller: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory to you, Lord Jesus Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is

gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

Gospeller: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ

Homily: Jeanette +

The Apostles' Creed

Celebrant: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen.

The Prayers of the People – Litany for Lent (p. 121)

Leader: With confidence and trust let us pray to the Lord, saying, "Lord, have mercy."

All: Lord, have mercy.

Leader: For the one holy catholic and apostolic Church throughout the world,
[weekly petitions are added] For our Bishops, Sarah, Shane, Chris, Anne, Andrew, Kevin and Riscylla, and Theadore, our Archdeacon. We pray to you, Lord.

All: Lord, have mercy.

Leader: For the mission of the Church, for the Outreach ministries at and for our ministry at St. Cuthbert's, that in faithful witness the Church may preach the gospel in word and action. We pray to you, Lord.

All: Lord, have mercy.

Leader: For those preparing for baptism and for their teachers and sponsors. We pray especially for one another in our pilgrimage remembering especially all members and friends of St. Cuthbert's. We pray to you, Lord.

All: Lord, have mercy.

Leader: For peace in the world, [weekly petitions are added] For all nations and peoples on our hearts [Pause] that a spirit of respect and reconciliation may grow among nations and peoples. We pray to you, Lord.

All: Lord, have mercy.

Leader: For the sick, and all those in need. We pray especially for....please name all those known to you either silently or aloud. We pray to you, Lord.

All: Lord, have mercy.

Leader: For the poor, the persecuted, and all who suffer; for refugees, prisoners, and all in danger; that they may be relieved and protected, we pray to you, Lord.

All: Lord, have mercy.

Leader: We offer thanks for the lives lived of all those who have died. [Pause] We pray to you, Lord.

All: Lord, have mercy.

Leader: For grace to amend our lives and to further the reign of God. We pray to you, Lord.

All: Lord, have mercy. Amen.

The Peace—*During the Peace, you are invited to turn to your neighbours and shake their hand. If you are not comfortable shaking hands, please do a slight bow or raise your hand as a greeting.*

Celebrant: The Peace of the Lord be always with you.

All: And also with you.

The Offertory—An Invitation

During the Offertory, we offer many things to God —our cares and concerns, our joys and sorrows, our time, our talent, and our treasure. Like every Anglican Parish, St. Cuthbert's is called to be financially self-sustaining. To make a monetary offering to support our ministry and mission, please place your donation in the Offertory Plate at either the front or back of the Church. You may also place your offering in the plate as members of the Welcome Team slowly process down the centre aisle during the Offertory Hymn. Offerings may also be sent via e-transfer to stcuthbertleaside@toronto.anglican.ca or by visiting the Donate tab of the website ([click here](#)) or by scanning the QR code. St. Cuthbert's is also grateful to receive donations via The United Way. For more information, please contact the Church Office.



Offertory Hymn CP 470

Text: Thomas H. Troeger (1945-). © 1983 Oxford University Press, Inc. Music: Melody Brian Ruttan (1947-) ©; harm. Roland Packer (1955-) ©

1 *Seek not in distant, ancient hills
The promised holy land,
But where you live do what God wills
And find it close at hand.*

3 *To climb the templed, foot-worn peak
Where pilgrims long have trod,
Unlock the bolted soul and seek
The present, living God.*

Seek Not in Distant, Ancient Hills

2 *A single heaven wraps around
This whirling, watered stone,
And every place is sacred ground
Where God is loved and known.*

4 *In spirit and in truth, you'll find
what human thought can't frame:
The source of breath and pulse and mind,
The primal wind and flame.*

The Celebration of the Eucharist

Prayer over the Gifts (said by all)

All: Spring of life and Source of goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord. Amen.

The Great Thanksgiving — Supplementary Eucharistic Prayer #1

The Sursum Corda today is said

Celebrant: The Lord be with you.

People: **And also with you**

Celebrant: Lift up your hearts.

People: **We lift them up to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Celebrant: Holy God, Lover of creation, we give you thanks and praise for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts. When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation. Joining in the song of the universe we proclaim your glory singing:

All: **Holy, holy, holy Lord, God of power and might,**
CP 689 **Heaven and earth are full of your glory. Hosanna in the highest.**
Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Celebrant: Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by a woman, Jesus gathered together those who loved him. He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me." And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

All: **Christ has died. Christ is risen. Christ will come again.**

Celebrant: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

People: Amen.

The Lord's Prayer

Celebrant: And now, as our Saviour Christ hath taught us, we are bold to say:

All: **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

Celebrant: Let your Church be the wheat which bears its fruit in dying.

All: **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

The Communion

Celebrant: This is the table at which God is host and all are welcome guests. These are the gifts of God for the whole People of God.

People: Thanks be to God.

Trisagion

All: **Holy God, holy and mighty, holy immortal one, have mercy on us.**

CP 688 **Holy God, holy and mighty, holy immortal one, have mercy on us.**

Holy God, holy and mighty, holy immortal one, have mercy on us.

The Administration of Communion

Please wait until the Choir has returned to their pews before proceeding to the communion rail.

The Welcome team will direct you to the communion rail. Please proceed to the rail in a clockwise motion around the table and return to your pew following the same clockwise motion.

				
Everyone is welcome to receive communion.	You may receive both bread and wine, or just the bread, if you wish.	We have GF-free wafers available on request.	Cross your arms to receive a blessing instead.	Communion can be brought to you if needed: just ask a sidesperson.

Communion Hymn CP 615

Just As I Am

Please see the Blue Common Praise Hymnal

Motet *Venite, Exultamus Domino - Rowley* sung by the choir
*O come, let us sing unto the Lord: let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving and shew ourselves glad in him with psalms.
For the Lord is a great God: and a great King above all gods.
In his hand are all the corners of the earth: and the strength of the hills is his also.
The sea is his, and he made it: and his hands prepared the dry land.
O come, let us worship and fall down: and kneel before the Lord our Maker.
For he is our God and we are his people: he is our shepherd and we are his flock.
Glory be to the Father: and to the Son and to the Holy Ghost;
as it was in the beginning: is now and ever shall be, world without end. Amen.*

Prayer after Communion (please stand)

All: **God of our pilgrimage, we have found the living water. Refresh and sustain us
as we go forth on our journey, in the name of Jesus Christ the Lord. Amen.**

Doxology (Ephesians 3:20-21)

Celebrant: Glory to God

All: **whose power, working in us, can do, and is doing, infinitely more than we can ask
or imagine. Glory to God from generation to generation, in the Church and in
Christ Jesus, for ever and ever. Amen.**

Blessing—Fr. Randal Johnston

Recessional Hymn CP 508

I Heard the Voice of Jesus Say

Text: Horatius Bonar (1808-1889) Music: Melody English trad.; coll. Lucy Broadwood (1858-1929); Adapt. and harm. Ralph Vaughan Williams (1872-1958). Harm. © Oxford University Press.

1 *I heard the voice of Jesus say,
"Come unto me and rest;
Lay down, thou weary one, lay down
thy head upon my breast."
I came to Jesus as I was,
so weary, worn, and sad;
I found in him a resting place,
and he has made me glad.*

2 *I heard the voice of Jesus say,
"Behold, I freely give
the living water; Thirsty one,
stoop down and drink and live."
I came to Jesus and I drank
of that life-giving stream;
My thirst was quenched, my soul revived,
and now I live in him.*

3 *I heard the voice of Jesus say, "I am this dark world's light;
Look unto me, thy morn shall rise, and all thy day be bright."
I looked to Jesus and I found in him my star, my sun;
And in that light of life I'll walk till travelling days are done.*

Dismissal

Celebrant: As our worship ends, and our true service begins,
Let us go in peace to love and to serve the Lord.

All: **Thanks be to God!**

Announcements

Postlude

Prelude and Fugue in C minor, BWV 549 - J.S. Bach

*Please join us for Refreshments and Celebratory Birthday Cake in Lamb Hall.
Special thanks to our hosts Jim & Shayne and the Truth & Reconciliation Committee*

St. Cuthbert's Leaside, Acknowledgment of Indigenous Territory

This sacred land is the territory of several Indigenous Nations – the Wendat, the Métis, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

In Our Prayers we pray for:

The World: All those suffering in the midst of war, civil unrest, or disasters caused by climate change. For the people of Iran, Cuba, Mexico, Tumbler Ridge, the Middle East, Ukraine; for all nations and people known to us.

Our Community: We uphold in love all those who live and work along Randolph Road

The Church: The Church in Jerusalem & The Middle East

The Anglican Church Women (ACW) – Janice Hodgson, ODT, Diocesan President

Our Bishops: Sarah, *Archbishop of Canterbury*; Shane, *Primate of Canada*; Chris, *National Indigenous Archbishop*; Anne, *Metropolitan of Ontario*; Andrew, *Bishop of Toronto*; Kevin & Riscylla, *Suffragan Bishops*.

Our Archdeacon: *The Venerable Theadore Hunt*

Outreach: - Pray for the Church of Our Saviour, Don Mills, its partnership with the Common Table Farm and ongoing support of the Flemingdon Park Ministry, ACW support for two girls in school in Uganda through Afrinspire UK, support for the Haven Toronto men's drop-in centre, Sistering Women's Services, its clothing drive for New Circles community services, and other local, national, and international outreach;

- for the Parish of Penetanguishene and Wabauskene, its Deacon's cupboard and bi-weekly breakfast and lunch programs;

- for Prince of Peace, Wasaga Beach, its partnership in the Wasaga Beach Ministerial Food Bank, its giving clothesline of toiletries and mittens, weekly parent and tots program, and sharing of "noisy change" for local community needs.

Parish Cycle: all members and friends of St. Cuthbert's.

We pray for those in special need: Warren; Carolin; John N.; Ava and her family; Dorcas; Ally; Sharon; Monique; Fr. Randal; Jeannie; Anita; Tamara D. and M.J.

And continue to uphold: Nancy D.; Dale; Carol M. and Marilyn.

Flower Dedication

The flowers adorning the Sanctuary today are given by Bryson & Yvonne B. to the Glory of God and in Celebration of the lives of Jean & Gilbert Boright, and Cobie & Jack van Zon

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