



Fourteenth Sunday after Pentecost **August 30th 2026**

8 am Book of Common Prayer Holy Communion
10 am Holy Eucharist

Ministers:	The people of St. Cuthbert's
Celebrant & Homilist:	The Rev. Canon Janet Read-Hockin
Director of Music:	Gary Forbes (on vacation)
Pianist:	Meghan S.
Choral Leads & Choir:	on their summer break
Reader/Intercessor 10am:	Graeme G.
Chalice Bearer:	Joanne C.
Chancel Guild:	Team 5: Dorcas S., Rev. Janet, Meghan S.
Welcome Team:	Jane M., Claire le R., Alain R.
Technical Support:	Alex G.



Scripture Summaries for The Fourteenth Sunday after Pentecost

Exodus 3:1-15 Last week, we heard the story of Moses' birth and abandonment, and then his rescue by Pharaoh's daughter. Today, we jump ahead into his adult life, when the Lord appears to Moses in the burning bush. The Lord calls out to him and commissions him to return to Egypt to lead the Hebrew people out of bondage, and free them from their oppression, and lead them into the promised land.

Psalms 105: 1-6, 23-26, 45c Again this week, the psalm is a good response to the first reading. The psalmist sings about God's faithfulness, and uses as an example the story of the Exodus. The psalmist reminds his hearers that, although the Hebrew people were enslaved in Egypt, the Lord allowed them to prosper, and made them stronger than their oppressors. Then the Lord sent his servant Moses to free them from their slavery.

Romans 12: 9-21 Paul appeals to the Christians in Rome to practice a way of life that corresponds to God's will and that manifests the life of the Spirit. That way of life includes embracing genuine love, turning away from evil, being patient in suffering, empathizing with others in their suffering, refusing to take revenge, and loving enemies. These are marks of true Christian discipleship.

Matthew 16: 21-28 Last Sunday, we heard Peter's amazing confession about Jesus: "You are the Messiah, the Son of the Living God!" and then Jesus' declaration that Peter was the rock on which the church would be built. Only one week later, Peter is rebuked by Jesus for trying to stand in the way of what must take place. Jesus explained to his disciples that those who wished to be his disciples must take up their cross and follow him.

8 a.m. Service of Holy Communion taken from The Book of Common Prayer

(An online pdf version of the 1962 Book of Common Prayer is available by [clicking here](#))

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The Proclamation of The Word

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Reader: Karen M.

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The Blessing

**Thank you for
your prayers and presence.**

10 a.m. Holy Eucharist The Book of Alternative Services

in-person worship and online via YouTube Live

Prelude

Welcome

Opening Hymn CP 485

Text: Charles Wesley (1707-1788). Music: John Stainer (1840-1901).

1 *Love Divine, all Loves excelling
joy of heaven to earth come down,
fix in us thy humble dwelling;
all thy faithful mercies crown.*

3 *Come, Almighty to deliver,
let us all thy grace receive;
suddenly return and never,
nevermore thy temples leave.*

5 *Finish, then, thy new creation;
pure and spotless let us be.
Let us see thy great salvation
perfectly restored in thee;*

Love Divine, All Loves Excelling

2 *Jesus, thou art all compassion;
pure, unbounded love thou art;
visit us with thy salvation,
enter every trembling heart.*

4 *Thee we would be always blessing,
serve thee as thy hosts above,
pray and praise thee without ceasing,
glory in thy perfect love.*

6 *changed from glory into glory,
till in heaven we take our place,
till we cast our crowns before thee,
lost in wonder, love, and praise.*

The Gathering of the Community

Celebrant: The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

Celebrant: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are
hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,
that we may perfectly love you, and worthily magnify your holy name;
through Christ our Lord. Amen.

Glory to God CP 366

*Glory, in the highest glory,
peace to all, in all their days.
Worship, thanks, and praise unceasing
to the Source of all we raise:
reigning in the sapphire height,
hidden from our mortal sight,
now receive our adoration,
as we make our supplication.*

*Jesus Christ, the world's Redeemer,
Lamb of God, for sinners given.
Word eternal born of Mary,
Word made flesh, the face of heaven:
holy one, to you we pray,
hear us in the realms of day,
with the Spirit there united,
and the Godhead high exalted.*

The Collect of the Day

Celebrant: Author and Giver of all good things,

People: **graft in our hearts the love of your name, increase in us true religion, nourish us in all goodness, and of your great mercy keep us in the same; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

The Proclamation of the Word

The First Reading

EXODUS 3:1-15

A READING FROM THE BOOK OF EXODUS

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."

Reader: Listen to what the Spirit is saying to the Church.

All: **Thanks be to God.**

- ¹ Give thanks to the Lord and call upon his name; * make known his deeds among the peoples.
- ² **Sing to him, sing praises to him, * and speak of all his marvellous works.**
- ³ Glory in his holy name; * let the hearts of those who seek the Lord rejoice.
- ⁴ **Search for the Lord and his strength; * continually seek his face.**
- ⁵ Remember the marvels he has done, * his wonders and the judgements of his mouth,
- ⁶ **O offspring of Abraham his servant, * O children of Jacob his chosen.**
- ²³ Israel came into Egypt, * and Jacob became a sojourner in the land of Ham.
- ²⁴ **The Lord made his people exceedingly fruitful; * he made them stronger than their enemies;**
- ²⁵ Whose heart he turned, so that they hated his people, * and dealt unjustly with his servants.
- ²⁶ **He sent Moses his servant, * and Aaron whom he had chosen.**
- ⁴⁵ Hallelujah!

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.

The Second Reading ROMANS 12:9-21

A READING FROM THE LETTER OF PAUL TO THE ROMANS

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

Reader: Listen to what the Spirit is saying to the Church.

All: Thanks be to God.

GRADUAL CP 447 *Lord, We Hear Your Word with Gladness* vs 1,2 before; v3 after

Text: Margaret Clarkson (1915-) © 1987 Hope Publishing Co. Music: William Penfro Rowlands (1860-1937) © Reprinted by permission of Mr. G.A. Gabe.

- 1 *Lord, we hear your word with gladness:
you have spoken we rejoice:
words of love and life and freedom
help us make their truth our choice!
Now in holy celebration
for your Word we worship you;
spoken, written, known in Jesus,
ours today to prove anew.*
- 2 *May we hear with understanding,
by your Spirit taught and led;
may the springs of all our being
by your living Word be fed;
may our hearts accept with meekness
all the grace your light makes known;
may obedience mark our footsteps
till we make each word our own!*
- 3 *You have spoken; yours the fullness, ours the wealth of this your Word:
debtors, then as living letters, we must make our gospel heard!
By your Spirit's power transform us; shed your saving light abroad
till our lives by love in action show our world the truth of God!*

THE HOLY GOSPEL

MATTHEW 16:21-28

Gospeller: The Lord be with you.

People: And also with you.

Gospeller: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory to you, Lord Jesus Christ.

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things." Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

Gospeller: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ

Homily: Janet+

The Apostles' Creed

Celebrant: Let us confess the faith of our baptism, as we say,

All: I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Amen.**

The Prayers of the People – Litany from Home Prayers

p. 691

Leader: Let us pray to the Lord, saying, “Lord, hear our prayer.”

All: Lord, hear our prayer.

Leader: Loving God, we thank you for your many gifts to us, for the love which brings us together, for the earth which provides for our needs, for the new life you have given us in Jesus Christ, Let us pray to the Lord

All: Lord, hear our prayer.

Leader: We pray to you for our Christian family and for grace to grow in your love. *(weekly petitions are added)* Let us pray to the Lord

All: Lord, hear our prayer.

Leader: We pray to you for our world, for all its cares and needs, *(weekly petitions are added)* and for all who lead us and care for us, Let us pray to the Lord

All: Lord, hear our prayer.

Leader: We pray to you for those in need, for the sick *(weekly petitions are added)* and the lonely, for the hurt and the frightened, and for those who live without hope. Please name those known to you. (Pause) Let us pray to the Lord

All: Lord, hear our prayer.

Leader: We pray to you for the lonely, for the hurt and the frightened, and for those whose needs are known to God alone. (Pause) Let us pray to the Lord

All: Lord, hear our prayer.

Leader: We pray for those we love who have died, giving thanks that you surround them with your care and love. *(weekly petitions are added)*. Let us pray to the Lord

All: Lord, hear our prayer.

Leader: We pray for one another, asking you to bless us, our friends, and relatives. Bless the places where we work, and bless our homes and our life together. Let us pray to the Lord

All: Lord, hear our prayer.

Leader: Let us remember before God our selfish ways, the things we have done wrong, the sorrows we have caused, the love we have not shown.

All: Most merciful Father, forgive us our sins against you and against each other. Strengthen us to overcome our weaknesses, that we may live in love as you would have us live, for the sake of Jesus Christ our Saviour. Amen.

The Absolution — Janet+

The Peace—*During the Peace, you are invited to turn to your neighbours and shake their hand. If you are not comfortable shaking hands, please do a slight bow or raise your hand as a greeting.*

Celebrant: The Peace of the Lord be always with you. **All: And also with you.**

The Offertory—An Invitation

During the Offertory, we offer many things to God —our cares and concerns, our joys and sorrows, our time, our talent, and our treasure. To make a monetary offering to support our ministry you may place your offering in the plate as members of the Welcome Team process down the centre aisle during the Offertory Hymn. Offerings may also be sent via e-transfer to stcuthbertleaside@toronto.anglican.ca or by visiting the Donate tab of the website [\(click here\)](#) or by scanning the QR code. St. Cuthbert's is also grateful to receive donations via The United Way. For more information, please contact the Church Office.



Offertory Hymn CP 431

Take Up Your Cross, The Saviour Said

Text: Charles William Everest (1814-1877). Music: Melody Lochamer Liederbuch, 1450?, alt.; harm. Felix Mendelssohn-Bartholdy (1809-1847), alt.; desc. Alan Gray (1855-1935), Desc. © Cambridge University Press.

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| <p>1 <i>Take up your cross, the Saviour said,
if you would my disciple be;
deny yourself, the world forsake,
and humbly follow after me.</i></p> <p>3 <i>Take up your cross, nor heed the shame,
and let your foolish pride be still:
your Lord for you endured to die
upon a cross, on Calvary's hill</i></p> <p>5 <i>Take up your cross and follow Christ,
nor think till death to lay it down;
for only those who bear the cross
may hope to wear the glorious crown.</i></p> | <p>2 <i>Take up your cross; let not its weight
fill your weak soul with vain alarm;
his strength shall bear your spirit up,
and brace your heart, and nerve your arm</i></p> <p>4 <i>Take up your cross, then, in his strength,
and calmly every danger brave;
'twill guide you to a better home,
and lead to victory o'er the grave</i></p> |
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The Celebration of the Eucharist

Prayer over the Gifts (said by all)

All: Merciful God, receive all we offer you this day. Give us grace to love one another that your love may be made perfect in us. We ask this in the name of Jesus Christ our Lord. Amen.

The Great Thanksgiving — Supplementary Eucharistic Prayer #1

Celebrant: The Lord be with you.

People: And also with you

Celebrant: Lift up your hearts.

People: We lift them up to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Celebrant: Holy God, Lover of creation, we give you thanks and praise for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts. When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation. Joining in the song of the universe we proclaim your glory singing:

Sung by all: Holy, holy, holy Lord God of power and might,
CP735 Holy, holy, holy Lord God of power and might,
heaven and earth are full, full of your glory.
Hosanna in the highest. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.

Celebrant: Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you.

Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by a woman, Jesus gathered together those who loved him. He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me."

And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

All: Christ has died. Christ is risen. Christ will come again.

Celebrant: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

People: Amen.

The Lord's Prayer

Celebrant: And now, as our Saviour Christ hath taught us, we are bold to say:

All: Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Celebrant: We break this bread to share in the body of Christ,

All: We, being many, are one body, for we all share in the one bread.

The Communion

Celebrant: This is the table at which God is host and all are welcome guests. These are the gifts of God for the whole People of God.

People: Thanks be to God.

Agnus Dei

Sung by All: Jesus, Lamb of God, have mercy on us.

**CP 747 Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer, redeemer of the world,
give us your peace, give us your peace.**

The Administration of Communion

Please wait until the Choir has returned to their pews before proceeding to the communion rail. The Welcome team will direct you to the communion rail. Please proceed to the rail in a clockwise motion around the table and return to your pew following the same clockwise motion.



Everyone is welcome to receive communion.



You may receive both bread and wine, or just the bread, if you wish.



We have GF-free wafers available on request.



Cross your arms to receive a blessing instead.



Communion can be brought to you if needed: just ask a sidesperson.

Communion Hymn CP 450

You Call Us Lord to Be

Please see the blue Common Praise Hymnal in your pew racks

Prayer after Communion (*please stand*)

All: Almighty God, you renew us at your table with the bread of life.
May your holy food strengthen us in love and help us to serve you in each other. We ask this in the name of Jesus Christ our Lord. Amen.

Doxology

All: Glory to God, whose power working in us can do, and is doing, infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing—Fr. Randal Johnston

Recessional Hymn CP 537

In the Cross of Christ I Glory

Text: John Bowring (1792-1872); Music: John Stainer (1840-1901).

- | | |
|---|---|
| <p>1 <i>In the cross of Christ I glory,
towering o'er the wrecks of time;
all the light of sacred story
gathers round its head sublime.</i></p> <p>3 <i>When the sun of bliss is beaming
light and love upon my way;
from the cross the radiance streaming
adds more lustre to the day.</i></p> <p>5 <i>In the cross of Christ I glory,
towering o'er the wrecks of time;
all the light of sacred story
gathers round its head sublime.</i></p> | <p>2 <i>When the woes of life o'er take me,
hopes deceive, and fears annoy;
never shall the cross forsake me:
lo, it glows with peace and joy.</i></p> <p>4 <i>Bane and blessing, pain and pleasure,
by the cross are sanctified;
peace is there that knows no measure,
joys that through all time abide.</i></p> |
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Dismissal

Celebrant: Let us go in peace to love and to serve the Lord.

All: Thanks be to God.

Announcements

Postlude

*Please join us in Lamb Hall for self-serve cold drinks & cookies.
Special thanks to Tyler Lee for the setup and cleanup.*

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St. Cuthbert's Leaside, Acknowledgment of Indigenous Territory

This sacred land is the territory of several Indigenous Nations – the Wendat, the Métis, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit. We also acknowledge that we are on the shores of Niigaani-gichigami/Lake Ontario. This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes. In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

In Our Prayers we pray for:

The World: All those suffering in the midst of war, civil unrest, or disasters caused by climate change. For all those affected by forest fires, flooding and earthquakes. For the Canada-U.S. trade relationship; For the hope of peace between the United States, Israel, Iran and Lebanon. For all people impacted by war, in Ukraine, Sudan, Ethiopia; and for all nations and people known to us.

Our Community: We uphold in love all those who live and work along Sharron Drive.

The Church: - The Church of the West Indies and the Bishop's Youth Ministry Committee
- We offer thanks for the ministry of *Lemonade on the Green (LOTG)* and all those who participated.

Our Bishops: Sarah, *Archbishop of Canterbury*; Shane, *Primate of Canada*; Chris, *National Indigenous Archbishop*; Anne, *Metropolitan of Ontario*; Andrew, *Bishop of Toronto*; Kevin & Riscylla, *Suffragan Bishops*.

Our Archdeacon: *The Venerable Theadore Hunt*

Outreach: - Pray for St. Paul the Apostle, Rexdale, *its outreach to Ernestine's Women's Shelter and Youth without Shelter, prayer shawl ministry, community seniors' lunch and speaker series, food trunk ministry, ministry of lay pastoral visiting, and monthly service at community retirement residences;*
- for St. Paul, Beaverton, *and its ministry of practical and pastoral support for Latin American migrant field workers and their families;*
- for St. Paul, Bloor Street, *its growing ESL Café that welcomes ~200 students weekly, its new Holy ESL program that helps newcomers learn English through the Bible, its Refugee Ministry and their book study of Strangers in the Kingdom, its Connect Groups to serve locally, and its ongoing work with partners across Toronto.*

Parish Cycle: all members and friends of St. Cuthbert's.

We pray for those who are sick or in any need: Stephen J.; Joan; Diewo; Bruce V.; Donna S.; Andrea; Ava and family; Monique; Fr. Randal; Anita; Tamara D.; Dale; Carol M.; Jeannie; Marilyn and Sharon.

We offer thanks for the continuing recovery of Ken W.; Barbara J.; Jan and Carolin.

Special Prayer: We pray for all those returning to school: for students, teachers, administrators and staff and offer thanks for the opportunity to learn, grow and serve. We pray especially for any who may be feeling anxious or carrying negative experiences. May God's loving presence guide and protect each person and fill them with peace.

Flower Dedication

*The flowers adorning the Sanctuary today are given to the Glory of God
and with grateful hearts to William Vyse, Nolan Aziz and Georges Kirijian as they continue their
Canoe trip across Canada to raise funds for True North Aid.*

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